

Charitable Number 89017 8999 RR0001

Please print clearly. Complete information is required for receipt purposes. Tax receipts will be issued for pledges \$10 or more. Photocopy this sheet as required for additional sponsors or go to www.rett.ca/pledges. Please make all cheques payable to: Ontario Rett Syndrome Association. Please write "Run4Rett" on bottom of the cheque.

[illegible]

2008



Sunday, October 19th, 2008

1k Fun Run/Walk/Roll/Stroll

5k Run/Walk

Richmond Green Park, Richmond Hill



**Ontario
Rett Syndrome
Association**



www.rett.ca

Run4Rett Registration Form

Name: _____

Address: _____

City: _____ Postal Code: _____

Phone: _____

Email: _____

Race Day Age: _____

Gender: _____ Male _____ Female

Registration Fees

____ 1k Indiv before Sept 14 \$15 ____ 5k Indiv. before Sept 14 \$25

____ 1k Family before Sept 14 \$45 ____ 5k Family before Sept 14 \$80

____ 1k Indiv after Sept 14 \$20 ____ 5 Indiv. after Sept 14 \$30

____ 1k Family after Sept 14 \$60 ____ 5k Family after Sept 14 \$100

Total: \$ _____

Circle one: Visa MC Cheque Cash

Card # _____ Expiry: _____

Signature: _____

* No Bikes or Roller Blades allowed on the Route *

Amateur Athletic Waiver and Release of Liability

I know that participating in the Run4Rett 5k or 1k event on Sunday, October 19th, 2008 can be a potentially hazardous activity. I should not enter and participate unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the event. I assume all risks associated with participating in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including cold, snow and/or ice, high heat and/or humidity, traffic and the conditions of the route, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release race organizers & or any other entity involved with the event, its directors, officers, and staff, the city of Richmond Hill and its employees, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose. I understand that dogs on leashes, in-line skates and bicycles are prohibited and that violation of this prohibition will result in disqualification. By submitting this entry, I acknowledge having read, understood, and agree to the above waiver, release and indemnity.

Signature of Participant
(Signature of Parent/Guardian if
participant is under 18 years of age)

Date

Race Information

Date: Sunday, October 19th, 2008

11:00 am 1k Fun Run/Walk/Roll/Stroll

11:30 am 5k Run/Walk

Location: Richmond Green Park

1300 Elgin Mills Road E.

Richmond Hill, Ontario

Registration:

	<i>Before Sept 14</i>	<i>After Sept 14</i>
1k		
Individual	\$15	\$20
Family of 4	\$45	\$60
5k		
Individual	\$25	\$30
Family of 4	\$80	\$100

- All Silent Angels and children 5 and under are free.
- Registration fees will be waived for \$250 plus raised in individual pledges or \$1000 for a family.
- **The first 250 entrants receive a free t-shirt.**

To Register:

1. Register on-line at **www.runningroom.com**
2. Mail to PO BOX 25096, London, ON, N6C 6A8 c/o RUN4RETT
3. Drop off entries at the Richmond Hill, Aurora, or Newmarket Running Room

Registration on Race Day

10:00 – 11:00 am Richmond Green Park in the Agr. Bldg 2

Early Race Kit Pick Up

Richmond Hill Running Room, Unit 1, 8900 Yonge St.

Friday, Oct 17th from 4:00 – 8:30 pm

Saturday, Oct 18th from 10:00 am – 5:00 pm

Awards & Prizes:

Awards for the 5k Run/Walk event will be presented to the **top three male and top three female finishers**. We will be presenting special awards to the **oldest and youngest** participants in the 1k and 5k walk event. We will also be giving out prizes to the **top three fundraisers**. In addition we will be giving out **door prizes** and holding a **silent auction** at the event.

What is Rett Syndrome?

Rett Syndrome (RS) is a neurological disorder that is seen almost exclusively in females and is believed to occur in 1:10,000 female births. Girls with RS appear to develop normally until 6 to 18 months of age and then typically enter a period of regression, losing speech, gross motor and fine motor skills. RS is often misdiagnosed as autism, cerebral palsy, or a non-specific developmental delay.

Girls with Rett Syndrome need full-time assistance with every aspect of their daily living (i.e., feeding, bathing, clothing, and toileting). Despite their dependencies, they have very engaging personalities and love to participate in social, educational and recreational activities.

All proceeds go to the Ontario Rett Syndrome Association for Research, Education, Support, and Awareness.

For more information, please contact:
Ontario Rett Syndrome Association
PO Box 25096, London, Ontario N6C 6A8
519.474.6877 www.rett.ca

Run4Rett 2008 Sponsors



www.rett.ca