



Thank you for registering for IRSF's very important 26th Annual Conference. This year's conference is located in Colorado Springs, Colorado, May 28 - May 31, 2010 at the Cheyenne Mountain Resort. A full conference program can be downloaded from www.rettsyndrome.org/conference so that you can map your session attendance plan in advance. Though last minute changes may be made to our very full schedule, reviewing the program ahead of time will ensure you get to your priority lectures, workshops and panels. Also, be sure to read session descriptions carefully as some speakers have indicated materials that you should bring or complete in advance to enrich your session attendance.

Please note that registration fees do not include travel and hotel accommodations; these arrangements must be made separately. We have negotiated special room rates at the Cheyenne Mountain Resort and encourage you to reserve early while rooms are available.

REGISTRATION

Full conference registration fees include:

- All registration and conference materials
- Access to all sessions, workshops, exhibitors, and IRSF Bookstore (Fri-Mon)
- Friday: dinner, welcome orientation, and Crackerbarrels
- Saturday: breakfast, lunch, dinner, plus evening coffee and dessert Tribute Reception and auction
- Sunday: breakfast and lunch
- Monday: Crackerbarrels

Single day conference registration fees include:

- Registration and conference materials
- All-session, workshop, exhibitor and IRSF Bookstore access for that day
- Breakfast and lunch for that day (Saturday single-day registration includes dinner. Tribute Reception tickets can be purchased separately for \$15)

TRIBUTE RECEPTION:

IRSF will host a coffee, dessert, and cash bar Tribute Reception, award ceremony, silent auction and entertainment on the evening of Saturday, May 29th at the Cheyenne Mountain Resort. Attendance is included with your paid full-conference attendance package. Our girls and women with Rett syndrome are also welcome at no charge. Single-day conference attendees and non-conference friends and traveling companions are welcome to purchase tickets at \$15 per person. Dress to impress, but formal attire is not expected. Entertainment and dancing will follow the Tribute and Awards ceremony.

SILENT AUCTION

Donate an item for the Silent Auction - gifts for our girls and their caregivers, weekend vacation homes or getaway certificates, gift baskets, and fine wines are always desirable and the proceeds go to a good cause! Mail in advance to the IRSF office, Attn Jenni Grammer, 4600 Devitt Dr Cincinnati, OH 45246, or bring your item to the registration desk upon your arrival. Silent Auction will run in the Bookstore all day Saturday, and close at the Tribute Reception Saturday evening. Email jgrammer@rettsyndrome.org or call 1.800.808.RETT (7388) with questions.



KEEPSAKE PROGRAM JOURNAL, TRIBUTE VIDEO, PHOTO BUTTONS

- Place a special message in the IRSF 26th Anniversary Helping Hands Keepsake Program Journal in honor of the Rett angel that has touched your life. The Helping Hands Journal will be distributed at Conference, and will be downloadable from our website after conference. Tell grandparents, family members, friends, co-workers, doctors, teachers and therapists about this opportunity to write a poem, share a loving thought, a message of hope, feature a scanned picture or piece of school/artwork, and/or advertise a business - ideas are endless! Visit the website www.rettysyndrome.org/conference or contact Jenni Grammer at jgrammer@rettysyndrome.org or 1.800.818.RETT (7388) for ad rates and details. **Ads MUST be finalized by April 23, 2010.**
- Include your child in the much-anticipated Tribute Video. Email a .jpeg picture or short movie file attachment to lhayden@rettysyndrome.org with "Conference Tribute Video" in the subject line **by April 18, 2010**. Remember our theme "*Ain't No Mountain High Enough*" when choosing what pictures to include!
- Proudly wear a **photo button** of your child throughout the conference! Mail a 3" photo of your child to IRSF, Attn. Lisa Hayden at 4600 Devitt Drive, Cincinnati, OH 45246 or email a .jpeg to lhayden@rettysyndrome.org **before May 1, 2009**. Buttons will be ready for pickup at the onsite registration desk.

DRESS

We encourage you to dress comfortably for the day sessions, and wear something a little nicer for the Saturday Tribute Reception. The weather in Colorado can still be cool in the month of May, and conference rooms sometimes run cool, so wear layers. Wear comfortable shoes - you can log miles on your feet at a busy conference. Cheyenne Mountain Resort has swimming pools, a family water play area, and an on-property lake with paddle boats so don't forget your suit.

SPECIAL THOUGHTS ON CHILDCARE/RESPIRE

On a tender note, we must remind you that the conference sessions are for paid registered attendees only; and no children under 12 will be permitted at all in the sessions. This weekend is a fast-paced event intended to educate all attendees, provide you with an opportunity to interact with other members of the RTT community and provide some respite time away from the daily challenges of parenting. This is hard to do if you are juggling family demands. However, we also want you to feel welcome to bring your family members as Colorado is a great getaway vacation spot for families. If you choose to do so, please arrange childcare in advance so you will be free to attend sessions and network with other attendees. Many couples trade off these responsibilities throughout the weekend. We are trying to arrange onsite respite during session hours for those with Rett syndrome only. This will likely be for a minimal hourly fee, preregistered and charged whether used or not since we must staff with a combination of licensed RN and CNA care providers and volunteers. Space will be limited. Please call the IRSF office at 1.800.818.RETT (7388) for details.

HOTEL/RESORT INFORMATION

The IRSF 26th Annual Conference will be held at the **Cheyenne Mountain Resort**, 3225 Broadmoor Valley Road, Colorado Springs, Colorado 80906. We have negotiated an incredible room rate of \$129 one adult/\$145 two adults (per night) for all conference registrants, subject to availability. There is no fee for parking. You will find a link to resort reservations off of our website www.rettysyndrome.org/conference or call 1-719-538-4000. The Cheyenne Mountain Resort is a unique location that offers many special amenities including Championship golf, pools, Kids Splash Park, 35-acre lake, tennis courts, full-service health club, and jogging paths. There are additional fees for some of these activities. We hope you can come a little early, or stay a few extra days, to rest and relax. The Cheyenne Mountain Resort is offering a special rate of \$155 per night plus \$15 resort fee immediately before and after our conference to registered attendees only, subject to availability. Contact the resort to find out more.



MEALS

The meals that are included with your conference registration fee will be onsite at the *Mountain View* restaurant. The Cheyenne Mountain Resort has generously offered to serve girls and women with Rett syndrome at the *Mountain View* restaurant as their guest at no charge when accompanied by a paid conference attendee. All other guests with you may also dine at the Mountain View Hearth restaurant and either pay directly or have meals charged to their room. We would like mealtimes to be a comfortable opportunity for you to spend time with your family as well as new friends made at the conference. Other restaurants are onsite at the Cheyenne Mountain Resort, as well as nearby Colorado Springs. Please visit their website for more information www.cheyennemountain.com, and call for menu prices.

Mountain View Restaurant Hours are:

Breakfast 6:30am - 10:00am (including Sunday brunch 10:4am-2pm)

Lunch 11am - 2pm

Dinner 6pm - 10pm

TRAVEL AGENT

Maryann Sabo, a Rett syndrome parent and seasoned travel agent with Sato Travel, has attended numerous IRSF conferences. She is well-equipped to answer all of your travel questions, and we encourage you to utilize her expertise to plan your travel. She can be reached via telephone at 1-800-872-7286 or 703-931-4290 or email her at MSabo@CWTSatoTravel.com. She has access to special rates with all airline carriers and is able to customize your itinerary based upon your individual travel needs.

LOCATION

Located in Colorado Springs, Cheyenne Mountain Resort is just a 20-minute drive from the Colorado Springs Airport, offering 120 daily flights from 10 commercial airlines. The property is approximately an hour's drive from Denver and Denver International Airport. Cheyenne Mountain will offer conference attendees plus their travel companions complimentary, scheduled shuttles from the [Colorado Springs Airport](#) to the resort and for your return to that airport Friday, Saturday, Sunday and Monday. **Please note that the report shuttles are not wheelchair accessible ** Please contact the concierge at 1.800.428.8886 for shuttle arrangements. Travelers in/out of Denver International will need to arrange for personal transportation or car rental.

DRIVING DIRECTIONS from the Colorado Springs Airport

1. Go west on Mark Proby Pkwy approximately 3 miles to Academy Blvd.
2. Turn left on Academy and stay in the left-hand lane.
3. Follow Academy approximately 4 miles to Highway 115.
4. Exit north at Highway 115.
5. Proceed approximately one mile to Cheyenne Mountain Blvd.
6. Turn left on Cheyenne Mountain Blvd. and go one block to Broadmoor Valley Rd.
7. Turn left and go three blocks to Cheyenne Mountain Resort.

DRIVING DIRECTIONS to Cheyenne Mountain Resort from I-25



1. Exit 138 - Circle Drive.
2. Turn West (toward the mountains).
3. Two miles to Highway 115 South - Canon City.
4. Continue under the overpass and LEFT turn onto ramp.
5. First traffic light, Cheyenne Mountain Boulevard, turn RIGHT.
6. Take the first LEFT, Broadmoor Valley Road - (Resort's sign on the corner).
7. One half mile to Cheyenne Mountain Resort - Main Entrance on the LEFT.

LOCAL ATTRACTIONS

Visitor's bureau: <http://www.visitcos.com/>

City of Colorado Springs: <http://www.springsgov.com/SectionIndex.aspx?SectionID=5>

Minor league baseball team Colorado Springs Sky Sox are in town Memorial Day Weekend!
<http://web.minorleaguebaseball.com/index.jsp?sid=t551>

QUESTIONS

If you have additional questions, please feel free to call the IRSF office at 1-800-818-RETT (7388).